

Australian Autoimmunity Foundation Inc

ABN 80 814 995 686

A registered health promotion charity

Contact Details

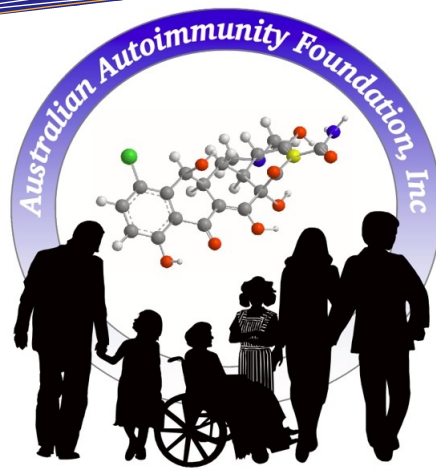
For all general enquiries relating to The Australian Autoimmunity Foundation please contact the AAF National Secretary.

Postal Address:

The National Secretary
Australian Autoimmunity Foundation
PO Box 237
McLaren Vale
SA 5171
AUSTRALIA

Email:

info@ausautoimmunity.org.au



AAF Management Committee

President: Robert Townsend

Vice President: Robyn Oakeshott

Secretary / Treasurer: Vicki Ryan

Member: Judy Williams

Patron : Professor Trevor Marshall

Dear Members,

Welcome to our third edition for 2009.

Upgraded Website

Our website, www.ausautoimmunity.org.au has been upgraded. The new site provides more Australian specific information for MP patients on food, clothing, prescription drug purchasing, and pathology testing.

We have also added much more information on sun and light protection, clothing, supplies, and gadgets. Our thanks to everyone who contributed ideas and content to this upgrade. The site can be searched using any number of keywords. As always, any comments, corrections, and suggestions for improvements are welcome by emailing contentmanager@ausautoimmunity.org.au

New MP Discussion Forum for Australians

The upgraded website now contains a Members discussion forum www.ausautoimmunity.org.au/Forum, where MP patients, their carers and families can follow Australian Specific issues relating to the MP, and also discuss the Foundation's activities. You will receive two emails in the next few days giving you registered access to this forum. Non-members will be able to view the discussion forum, but not post to it. Our forum has not been set up to provide medical advice or health guidance to those on the MP, as there are several USA based forums serving these purposes.

Annual General Meeting.

At the AGM in October, members approved the change of legal name of the Foundation to the Australian Chronic Inflammatory and Autoimmune Diseases Foundation, Inc. Once the proposed change of name has been approved by the Victorian Associations Registrar we will adopt it. Members also elected a new Management Committee for the coming year and we welcome Judy Williams from Brisbane back to the committee.

Our Mission Includes:

- Sponsoring & supporting research
- Informing medical professionals
- Advising government & community agencies
- Collaborating with other health organizations

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New subscription service for Marshall Protocol patients

Chronic Illness Recovery (CIR) are now offering MP patients a subscription service to their Library of Information for \$US 25 per year. Full details are at their website www.chronicillnessrecovery.org/

Safety when driving

Under the Australian Standards for sunglasses for normal everyday use, sunglasses must transmit at least 50% of the incident light. This requirement arose to ensure that people using sunglasses while driving do so with safety.

The medium and dark NoIR glasses used in the MP are special purpose prescription glasses. They transmit only 10% (medium) and 2% (dark) of the incident light. They are often required by MP patients because of the extreme light sensitivity which develops in some patients. Thus neither of these NoIR glasses meet Australian Standards for general purpose sunglasses.

Patients using the medium and dark sunglasses should only drive when they are in no doubt that they have adequate visibility. They should separately check their capacity in daytime, dusk and night-time conditions, and decide for themselves the circumstances in which they drive.

As light sensitivity can change during the MP – becoming both worse and then gradually improving, patients should regularly re-assess their daytime, dusk and night time driving capacities.

Call for patient networking meeting volunteers

The Foundation runs patient networking meetings around Australia, to allow MPers to meet each other and exchange ideas. These are quite informal. If you would like to see such meetings in your own area and are willing to do the legwork to find a meeting space, organize morning or afternoon tea, and advertise the meeting with local MP doctors, please contact our Secretary, Vicki Ryan. We have developed a little “how to” pack for anyone wanting to take on the role, including a template for advertising these meetings.

