



Australian Chronic Inflammatory and Autoimmune Diseases Foundation, Inc

ABN 80 814 995 686 • A registered health promotion charity

October 2010 Newsletter

Annual General Meeting - Teleconference

The Annual General Meeting of members of the Foundation will be held on Sunday 21st November via teleconference at 4.00 pm Eastern Standard Time. If you would like to join in this teleconference please contact the Secretary Vicki Ryan by email at vicryan@ausautoimmunity.org.au before Wednesday 17th November.

If you have questions which you would like to raise at the meeting, could you please let our Secretary before the phone conference.

For those joining the teleconference there will be a special 1800 phone number with security access code. For those in Capital Cities the call will be free from a landline. For those outside a capital city your own phone provider's normal long distance rates will apply.

The business of the meeting is

(a) to formally adopt the annual report and financial accounts. These have recently been put up on our website at

<http://www.ausautoimmunity.org.au/user/image/annualreport2010.pdf>

(b) to elect a Management Committee for the coming year.

From last year's committee Robert Townsend, Robyn Oakeshott, and Vicki Ryan and Judy Williams have all offered to remain on the committee, leaving three vacancies to be filled. If you would like to join the committee please contact the Secretary, Vic Ryan

vicryan@ausautoimmunity.org.au before Wednesday 17th November.

Alternatives to NoIR Glasses

Several members have recently raised questions as to which fashion sunglasses are suitable alternatives to the NoIR glasses. Our website at <http://www.ausautoimmunity.org.au/carl-zeiss-lenses.htm> points to those available from Carl Zeiss, and does not suggest any other possible sources.

The Zeiss glasses get a mention because of their high level of Infrared protection, in addition to the high level of UV protection which is available on many other fashion sunglasses. Zeiss appear to be one of the few fashion sunglass providers who provide full spectral transmission curves. Clearly sunglasses from any other manufacturers who are able demonstrate high levels of both UV and IR protection would also be suitable. If members find any such glasses please let us know so the website can be suitably updated.

Volunteers sought to co-ordinate patient meetings.

Over the last year we have run four patient meetings in Sydney and Melbourne. We would like to extend these to other cities. If you would like to co-ordinate such a meeting in your own area please let our Secretary know, so that we can give you all of the necessary help.

Early planning for 2011 doctors meeting now underway

Planning for next year's doctors meeting is now underway. It is now likely to be held in June or July, though no decision has been made on which Capital City will be host.